



The Newsletter of the Speech Language and Hearing Association of the Hudson Valley
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Executive Council 2010

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INSIDE THIS ISSUE:
Letter from President
Articles
Upcoming Events

Letter from the President

Hard to believe that another year has passed us by and a brand new one is upon us. Ahhh New Years, rife with reflection toward what has been and resolution over what will be.

SHAHV celebrated a wonderfully active 2009 with two richly informative conferences, a jam-packed May is Better Speech and Hearing month, our annual awards and membership dinner in June, the hosting of several professional events including the successful launch of our newest "Breakfast with a Professional" series, and the mid-summer screening and discussion of the acclaimed film Autism is a World. We could not have done it without the faithful work of our Executive Board who have given sacrificially [and joyfully!] of their time. While our team is strong, SHAHV is in need of a few more helping hands to create an even stronger 2010. Please consider joining us on a committee this year. There are several to choose from. No matter what your skills, talents or interests are there is one that is perfect for you! So here's to a fantastic year past of advocacy, learning and professional development, and to an even better year ahead!

Andrea Abramovich, SHAHV President

SAVE THE DATE

SHAHV's Spring Conference is in the final steps of the planning stage!
A large majority of you asked for this topic at our last conference and
SHAHV listened! We are proud to present Jim Feeney, who will be present-
ing on LITERACY.

When: MARCH 12, 2010

Time: 8:30-4:00

Where: **Quality Inn**, Kingston ***** note change in venue from our last conference

More information and conference brochures to follow shortly-

Here is what your colleagues had to say about SHAHV's fall conference:

"very thoughtful and presented in a clear and concise manner. Held interest for entirety of presenta-
tion. Practical and useful information."

"I truly enjoyed Dr. Wacker's conference today! I have new ideas to try with my clients on Monday."

"Excellent conference! Learned new information, validated my current information. Presenter knows
her stuff, organizes it well, presents it clearly. Thank you! Well run, well organized conference"

"Thank you SHAHV! Lovely conference. I would have liked a bibliography. Roberta was excel-
lent. Approachable and easy to listen to and very organized. Current information she presented is
very valuable."

"Good info--some new-- like metrical phonology practice-- some known but validated-- overall excel-
lent"

"I liked the presenter's style. Nice mix of knowledge and easy-going nature! Her students are fortu-
nate. Thanks for including the info. about the lack of date to support the use of oral-motor activities
as a part of artic tx... more of use need to become aware of this!"

UPCOMING EVENTS

SHAHV Spring Conference
March 12, 2010
Kingston NY

2010 NYSSLHA Convention
April 8-10
Saratoga, NY

2010 ASHA Convention
November 18-20, 2010
Philadelphia, PA

- Remember, ASHA will no longer accept your Social Security numbers on CEU forms. You MUST provide your ASHA number. Here are suggestions to help you have your ASHA number when you need it!
- Cut the address label off an *ASHA Leader* and store it in your wallet or purse. It has your ASHA ID number on it.
- o Store your ASHA ID number in your cell phone con-
tacts under "ASHA number."
- o Write your ASHA ID number inside the cover of a
notebook and bring the notebook with you as your
note-taking paper for all CE activities.
- o Carry your ASHA card with your driver's license in
your wallet.



SHAHV SPOTLIGHT– Kristen Trubisz, SLP

This issue's spotlight is on the newest member of the SHAHV executive board member, Kristen Trubisz. Kristen will be the recording/corresponding secretary for the 2010 board. Kristen resides here in the Hudson Valley and this February will mark her two year anniversary at CRC in Kingston.

When asked why she became a speech language pathologist, Kristen told us she was always fascinated by the vocal tract. Even when she was a child Kristen was curious about how we produced voice and different sounds but she didn't recognize then there was a career that pertained to that. Kristen says didn't really know what she wanted to be when she was younger and her career choices fluctuated literally every week--one week she was going to culinary school, the next she wanted to be a pilot. Then by chance Kristen read an article about speech language pathology in the school setting. She can't say that she really understood all that the field entailed until Kristen was a sophomore or junior in the major but it seemed that she loved every course she took. Finding that article in high school saved her a lot of soul searching for a career match.

Kristen says one of her most rewarding/memorable experiences was when she spent three weeks in Germany on scholarship in 2004 at in an intensive language program. She had minored in German but wasn't by any means fluent. As a result she learned to think outside the box a little more and recognize and accept cultural differences. As an undergraduate student, Kristen conducted an independent study project on the effects of phonological awareness on SLP majors learning phonetics. The results were inconclusive but Kristen was allowed to present a poster on the project at ASHA and the Pennsylvania Speech and Hearing Association convention.

Kristen says her job is perfect for her. It's a lot to ask to really LOVE your job. Many of her friends just accept their job as a kind of sentence to serve, something they must endure to reach some greater reward. Kristen considers herself extremely lucky to truly love what she does. Working with multiply handicapped children and adults challenges her to be creative and the variety within the field from swallowing to voice to articulation to AAC, etc makes it constantly interesting. Most importantly this job has shown her all the pleasures she'd been taking for granted.

In her free time, Kristen enjoys dancing (any kind- but mostly swing and tap), scrapbooking, reading historical fiction, and trying new recipes.

The one piece of advice Kristen would like to give her colleagues is- Confucius said "A man who loves his job, never works a day in his life." If you can find the right balance between work and play you'll be far less likely to burnout and continue to maximize your professional performance with a smile.

Classifieds

Wappingers School District

2 Temporary Speech Positions

March 2010-June 2010—Evans Elementary School

May 2010-June 2010—Fishkill Elementary School

Please call 897-6800 ext. 112 as soon as possible

Valley Central School District

Temporary Speech Position

February 2010- May 2010—Berea Elementary School

Please call 457-2400 ext 8118 as soon as possi-

SHAHV FUN FACT

QUESTION: Did you know that according to all known records since SHAHV's creation in 1980, that there have only been 2 members whose last names begin with 'N'?

ANSWER: Diane Nowick [member since 2002] and Joanna Nadoolman [member since 2000].

Thank you both for being loyal SHAHV members!

Surf on over to the SHAHV website!

SHAHV has provided you with a comprehensive website full of professional resources. It is updated weekly.

www.shahv.org

Here's what you can find on SHAHV's main website:

- Membership information including a membership form.
- Helpful links to other not-for-profit websites.
- May is Better Hearing and Speech Month activities.
- Legislative updates including a link to NYSSLHA's legislative page.
- Recent SHAHV news.
- Job openings as they become available.
- Lists of local, regional and national conferences.
- A list of the Ruth Miller Memorial Lending Library items.
- Scholarship information.



A comprehensive consumer section – share with your clients and families!

Here's what you find on the member's only site (username – language; password – HVVoice1) - that is 2 capital "V" letters not a "W". The username and password are case sensitive.

- Previous newsletters.
- The SHAHV constitution.
- The website advertisement for families. Print the advertisement for the consumer's section of our main site and give to your clients and their families. Include the ad in your center's or school's newsletter.

Membership directory. The email links are already there. Just click and connect with a colleague.

The username and password for the "members only" site changes yearly to ensure only current members can access that information. The new username/password will change each February, so renew your SHAHV membership early to ensure access to this resource. You will be sent an email when the change occurs.

If you have any ideas for the website, please contact me (jpa1230@verizon.net). I look forward to your ideas. Jenn Petruski

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Don't forget– SHAHV is on FaceBook! Check out our discussion board, latest news and photos. Become our friend and invite your SLP friends to our group.

Movie Reviews

Submitted by Jenn Petruski

I finally got to see the documentary “Smile Pinky” distributed by the charitable organization Smile Train. Many of you may have also seen this. If not, I encourage you to find someone with a copy. It was not only encouraging seeing the wonderful work Smile Train does, but it was also enlightening to see what the families of children with facial deformities in India go through to help their children.



Visit www.smiletrain.org and click on ‘Media’ to see the trailer. You may also be able to watch the entire film online from alternate sites.

If you are interested in a SHAHV movie night showing this documentary, please email me at jpa1230@verizon.net. Group discussions concerning treatment of clefts could follow the film.

SCHOLARSHIP

SHAHV is pleased to be offering a \$1000.00 scholarship to either an aspiring undergraduate speech-language pathology or audiology student accepted to a graduate program or current graduate speech-language pathology or audiology student.

The scholarship will be awarded based on leadership, community involvement, clinical experiences, an essay, academic performance, and additional experiences. Deadline is May 15, 2010. The scholarship recipient will be notified by the end of May. The winner will be presented with the scholarship at the SHAHV Annual Membership Dinner in June 2010.

Please visit shahv.org for the scholarship application and additional details or contact Juli LaMoy at shahvscholarship@yahoo.com.

CONTEST!!!

Proud of being a member of SHAHV? Like winning free stuff? Support our organization and our profession! SHAHV is having a membership drive and we need your help to get the word out about our organization! This spring we are asking all members to recruit at least one new member. We will be awarding a \$50 gift certificate for the person who recruits the most new members! Membership forms are available online—simply put your name on the top of the form so we know who referred the new member, therefore entering you in the contest! Good luck!



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We're on the Web!
See us at: www.shahv.org